



Caregiver Support Group

Are you a caregiver
for a family member or friend?
Are you exhausted, overwhelmed, isolated and stressed?
There are no magic answers
but there is a supportive place
to share thoughts and feelings with other caregivers.

**Join us on the second and
fourth Thursday of the
month
2-3:30pm**

At Clark Memorial Library
39 N. 9th St. Clarkdale Az. 86324
In the Clarkdale Town Center

For more information
Call the library at 928-634-5423

