



# BINGOCIZE



Combining Exercise & Health  
Education with the Fun of Bingo!



## Black Canyon City Library

34701 S, Old Black Canyon  
Hwy



**THURSDAYS**  
9:30-10:30 am



Jan. 16-March 20, 2025

Call or Email to Register:

**Kristin Moore:**  
Health and Wellness Activities Specialist  
928-779-7087 kmoore@nacog.org



**\*Ages 60+**

**\*Caregivers and Family Members of all Ages are Welcome!**



For information on additional supports and  
services call: Toll-Free (877) 521-3500

\*TTY: (800) 842-4681

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NACOG Area Agency on Aging: AAA Central Office 323 N. San Francisco St., Suite 200, Flagstaff, Arizona 86001